

Dermatographism and Homoeopathy

Urticaria is the most common skin complaint encountered in o u r Homoeopathic OPD's after Eczema and



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Tinea. Most of the time we dont diagnose the type of urticaria. In this article we'll be discussing one type of urticaria whose cases are coming very frequently that is Dermatographism.

Dermatographism is also known as Dermographism.^{1,2} Dermatographism is a chronic inducible, physical type of urticaria which is characterised by linear itchy wheals with a surrounding bright red flare following minor pressure, scratching or rubbing.^{1,3,4} They develop due to release of extra histamine from the skin mast cells after scratching thus patient is adviced to avoid trauma

and is prescribed with antihistamines.² It affects 4 to 5% of population.^{1,4}

Appearance of linear wheals after scratching in patient in IPD of Dr. Girendra Pal Homoeopathic Hospital, Homoeopathy University (Image used after the consent of the patient)



In Synthesis repertory, we find the rubric for Dermatographism as Urticaria: Scratching after under the chapter Skin. Let's see the medicines under that rubric:⁵

SKIN: Eruptions:

Urticaria: Scratching after

1st grade med: Dulc, Lach, Mez, Rhus-t

2nd grade med: Calc, Caust, Graph, Hep, Lyc, Petr, Staph

3rd grade med: Agar, Alum, Am-c, Am-m, Ant-c, Ars, Ars-s-f, Bar-c, Bry, Calc-sil, Carb-n, Carb-v, Carbn-s, Chin, Chinin-ar, Cic, Cocc, Con, Hell, Ip, Led, Mag-c, Mag-m, Mang, Merc, Nat-c, Nat-m, Nit-ac, Nux-v, Olnd, Op, Puls, Ruta, Sel, Sep, Sil, Spig, Sulph, Thuj, Verat, Zinc, Zinc-p

All the first and second grade medicines are further compared from Sythesis (S) and Kent (K) repertory on the basis of other rubrics in urticaria:^{5,6}

Symptoms

1. Amel Cold Air
2. From taking Cold
3. Nodular
4. Agg Warmth and Exercise
5. Accompanied by Indigestion
6. Agg Open air
7. Chronic
8. Agg Cold air
9. Amel after cold bathing
10. Agg becoming cold
11. After indigestion
12. Agg before menses
13. Agg during menses
14. During Rheumatism
15. During chill
16. During fever
17. Nodular, rosy
18. During perspiration
19. Every Spring
20. From becoming wet
21. Burning
22. During fever in children
23. Amel open air
24. After violent exertion
25. Before chill
26. After chill
27. Amel warmth and exercise
28. From food

Medicines

- Dulc (K,S), Calc (K,S)
Dulc (K,S)
Dulc (K,S), Lach (K,S), Mez (K,S), Rhus t (K,S), Calc (K,S), Caust (K,S), Graph (K,S), Hep (K,S), Lyc (K,S), Petr (K,S), Staph (K,S)
Dulc (K,S), Lyc (S)
Dulc (S)
Dulc (S), Rhus t (S),
Dulc (S) Rhus t (S), Calc (S), Hep-s (S), Lyc (S)
Dulc (S), Rhus t (K,S), Caust (K)
Dulc (S)
Dulc (S)
Dulc (S)
Dulc (S)
Dulc (S)
Dulc (S), Rhus t (K,S)
Rhus t (K,S)
Rhus t (K,S)
Rhus t (K,S), Petr (K)
Rhus t (K,S)
Rhus t (K,S)
Rhus t (K,S)
Rhus t (K,S)
Rhus t (K,S)
Calc (S)
Calc (S)
Hep-s (K)
Hep-s (K)
Hep-s (K,S), Lyc (K,S)
Lyc (S)

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